

Physical Education Curriculum Overview



	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Gymnastics Travelling, Rolling, Balancing, Jumping Invasion Games	Gymnastics Travelling, Rolling, Balancing, Jumping Invasion Games	Gymnastics Travelling, Rolling, Balancing, Jumping Invasion Games	Gymnastics Travelling, Rolling, Balancing, Jumping Invasion Games	Gymnastics Travelling, Rolling, Balancing, Jumping Football	Gymnastics Travelling, Rolling, Balancing, Jumping Football
Autumn 2	Dance Co-operation Games	Dance Co-operation Games	Dance Co-operation Games	Dance Co-operation Games	Dance Rugby	Dance Rugby
Spring 1	Disney Dance Chasing and fleeing	Rhythmic gym/dance Chasing and fleeing	Cheerleading Chasing and fleeing	Yoga Chasing and fleeing	Strictly Hockey	Line Dancing Street Dance Hockey
Spring 2	Target Games Net and Wall Games	Target Games Net and Wall Games	Target Games Net and Wall Games	Target Games Net and Wall Games	Target Games Netball	Target Games Netball
Summer 1	Outdoor Adventurous Activity Striking and Fielding	Outdoor Adventurous Activity Striking and Fielding	Outdoor Adventurous Activity Striking and Fielding	Swimming Striking and Fielding	Outdoor Adventurous Activity Kwik Cricket	Outdoor Adventurous Activity Kwik Cricket
Summer 2	Athletics	Personal Challenges Athletics	Personal Challenges Athletics	Swimming Athletics	Personal Challenges Athletics	Personal Challenges Swimming Athletics