WEEK 2

Allergen Chart Primary School Autumn/Winter 2024/25



Recipe Description Contains X May Contain O	Peanuts	Eggs	Nuts	Crustaceans (Shellfish)	Molluscs (Shellfish)	Fish	Milk	Cereals containing Gluten	Soya	Sesame seeds	Celery	Mustard	Lupin	Sulphur Dioxide
MONDAY										_	_	_		_
Margherita Pizza		0					Х	Х	Х					
Vegetable Pasta Bolognaise								Х						
Potato Wedges														
Jelly														
TUESDAY														
Smokey Jo Chicken														
BBQ Quorn								Х						
Rice														
Oaty Fruit Crunch & Custard							Х	Х						
WEDNESDAY														
Roast Pork														
Roast Quorn								Х						
Roast Potatoes														
Yorkshire Pudding		Х					Х	Х						
Marble Crunch		Х						Х						
THURSDAY														
Cottage Pie							Х				Х			
Vegetable Frittata		Х												
Vegetables														
Shortbread Biscuit								Х						
FRIDAY														
Fish Fingers						X		Х						
Vegetable Spring Roll								X	Х	Х				
Chips								^	^	^				
Iced Sponge		Х	1		1		1	Х		1		1		
		^												

The chart should be marked to signify where allergens are present; a blank square signifies that none of the above allergens are contained in the recipe.